

MCNABB CENTER CUTS RIBBON ON NEW ILS FACILITY



On Friday, June 18th, 2021, the McNabb Center celebrated the opening of its newest building, cutting the ribbon at the new Intensive Long-Term Support (ILS) program. ILS provides supportive living for adults recovering from psychiatric conditions who need assistance living with more independence.

ILS is a community-based program that focuses on recovery and includes treatment, social activities and skill building. The goal of the program is to help individuals achieve independence and live successfully within the community.

The McNabb Center began the ILS program in May 2013 when the Lakeshore Mental Health Institute closed. This new \$1.5 million building replaces and expands upon Willow Cottage, the Center's previous ILS location at Lakeshore Park, which will permanently close as Lakeshore Park is further renovated.

“We are excited to provide high quality care in a beautiful living environment,” said Jerry Vagnier, McNabb Center CEO. “We are here to serve people in our community and the program at this facility will do that well.”

This project was made possible by the Haslam 3 Foundation's Dee and Jimmy Haslam. A special thanks to Buck and Linda Vaughn whose long-time support of the McNabb Center's mission contributes to this project.

THE
HASLAM FAMILY
FOUNDATION

Caring for our community

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WELCOME 2021-2022 BOARD MEMBERS

2021-2022 CENTER BOARD OF DIRECTORS



Newly appointed board members include:

Mr. Mickey Wade
Mrs. Traci Topham
Mrs. Cheryl Rice

2021-2022 elected officers:

Mr. Wade Davies, Chair
Mr. George Kershaw, Chair-Elect
Dr. Amy Cathey, Past Chair
Mrs. Rebecca Ashford, Secretary
Mrs. Andrea White, Treasurer



Newly appointed board members include:

Mrs. Anne Lantry
Mr. Mike Fishman
Mr. Davis Overton
Mrs. Claire Speight
Mr. Chris Devaney

2021-2022 elected officers:

Mrs. Ashley White, Chair
Mr. David Ownby, Chair-Elect
Mr. Ford Little, Treasurer
Mrs. Lucy Hand, Secretary
Mr. David Wedekind, Immediate Past Chair

Mr. Whit Addicks
Dr. Rebecca Ashford*, Secretary
Ms. Heidi Barcus
Ms. Eden McNabb Bishop
Mrs. Jenny Brock
Dr. Amy Cathey, Past Chair
Mr. Wade Davies, Chair
Dr. Jerry Epps
Mr. Scott Ferguson*
Dr. Joe Johnson
Mr. Dale Keasing
Lt. Col. George Kershaw, Chair-Elect
Mr. Randy Miller
Mr. Brian Rauch
Ms. Cheryl Rice
Ms. Cindy Sexton*
Ms. Laura Shamiyeh
Mr. Mitch Steenrod
Mrs. Traci Topham
Mr. Carl Van Hoozier
Mr. Mickey Wade
Ms. Andrea White, Treasurer

MARY KATSIKAS PROMOTED TO CLINICAL VICE PRESIDENT



The McNabb Center is pleased to announce the promotion of Mary Katsikas to regional clinical vice president. As regional clinical vice president, Mary will oversee nearly half of the Center's

clinical services, including the children and youth continuum in Knox County, co-occurring family treatment services and all services in Blount, Cocke, Hamblen and Sevier counties.

Mary has been with the McNabb Center for 20 years and, in that time, has created, developed and implemented new programming through new funding avenues. In addition, she has overseen the expansion of programming dedicated to families, children and young adults.

“As regional clinical vice president, Mary will continue to lead the McNabb Center's innovative clinical growth,” said Mona

Blanton-Kitts, McNabb Center president. “Mary's positive impact on the Center and the communities we serve will reach far into the future.”

Mary participates in numerous local and state-wide organizations from the Community Coalition Against Human Trafficking and the Family Justice Center's Coordinated Community Response Team to chairing the Region 2 Tennessee Department of Mental Health & Substance Abuse Services 2018 Regional Planning and Policy Council. Through her involvement, Mary advocates for needed mental health programming in the community and state as well as influences related public policy issues.

In 2020, Mary was awarded the Tennessee Association of Mental Health Organizations' (TAMHO) Dorothea Dix Professional Service Award for her career accomplishments. Through Mary's leadership, the Center has expanded its school-based programming to serve every middle and high school in Knox County.

2021-2022 FOUNDATION BOARD OF DIRECTORS

Mrs. Lisa Blakley
Mrs. Linda Gay Blanc
Mrs. Leslie Blanton
Mrs. Lindsey Boyd
Mr. Jason Bohne
Mr. Chris Castleberry
Mrs. Susan Conway
Mr. Joe Costner
Mr. Wade Davies, Ex-Officio
Mr. Chris Devaney
Mr. Wade Ewers
Mr. Mike Fishman
Mr. Ted Flickinger
Mr. Pete Frederick*
Mrs. Lucy Hand, Secretary
Mrs. Debbie Jones
Mrs. Anne Lantry
Mr. Jason Lay, Ex-officio
Mr. Ford Little, Treasurer
Mr. John Luttrell
Mr. Richard Maples
Mr. Randy Overbey
Mr. Davis Overton
Mr. David Ownby, Chair-Elect
Mrs. Sylvia Peters
Mrs. Lisa Rottmann
Mr. Ross Schram*
Mrs. Claire Speight
Col. Joe Sutter
Mr. Jerry Vagnier, Ex-Officio
Mr. David Wedekind, Immediate Past Chair
Mrs. Ashley White, Chair

JOIN US FOR THESE UPCOMING AWARENESS EVENTS

DOMESTIC VIOLENCE AWARENESS MONTH

October is National Domestic Violence Awareness Month (DVAM), and during this time, the McNabb Center will continue connecting survivors and advocates in order to work together, speak out and end domestic violence as well as honor the lives taken by domestic violence.



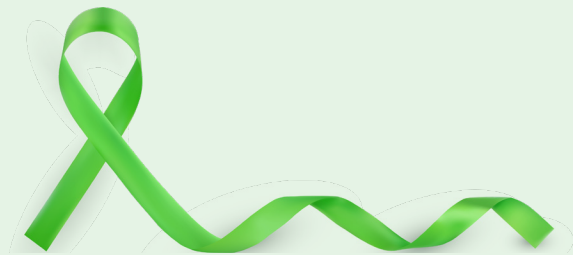
You can keep up with all 2021 DVAM activities by following us on Facebook at <https://www.facebook.com/McNabbCenterDomesticViolence>.

If you or someone you know is experiencing domestic violence, contact our Domestic Violence Hotline by calling 865-637-8000. For more information about the services we offer, please visit mcnabbcenter.org/dvs.

MENTAL ILLNESS AWARENESS WEEK

October 3-9, 2021 is Mental Illness Awareness Week. During this time, we aim to educate the public, fight stigma and provide support for individuals affected by mental illness.

If you or someone you know is experiencing mental illness, please don't hesitate to reach out for help. Our compassionate staff is here to provide you or your loved one the help you need. We provide a full range of mental health care services, from infancy to adulthood. Please call us at 1-800-255-9711.



MORE THAN TWO DOZEN OFFICERS GRADUATE CRISIS INTERVENTION TEAM (CIT) TRAINING

More than two dozen law enforcement officers, first responders and Knox County School staff graduated from Crisis Intervention Team (CIT) training on Friday, July 16, 2021.

This graduating class included staff from American Medical Response (AMR), the University of Tennessee Medical Center, Knox County Sheriff's Office, University of Tennessee Police Department, Knox County Schools and the Knoxville Police Department.

CIT trained officers undergo 40 hours of intensive training, which helps them identify mental health resources to assist people in crisis. The training connects officers with mental health professionals and other community agencies to create a team that can provide support when a challenging situation occurs.

In addition, officers learn verbal de-escalation skills and experience scenario-based training on responding to crises.

“CIT training has numerous benefits for both the trained official and the community,” said Candace Allen, CIT coordinator and senior director of adult intensive mental health services at the McNabb Center. “The increased knowledge of behavioral health and skills, such as de-escalation techniques, will help officers when they encounter an individual in psychiatric crisis.”



CIT has been implemented in hundreds of communities in the United States and internationally. These collaborations between advocates, law enforcement and mental health systems have saved hundreds of lives and fostered linkages for people who need treatment, not incarceration. CIT promotes dignity, safety and appropriate care, reducing the load on jails and the criminal justice system. It also results in a community confidence for everyone.

BETH HAYNES & RUSSELL BIVEN HONORED AT SPIRIT AWARD DINNER

Beth Haynes and Russell Biven were honored at the 2021 Spirit Award Dinner, held September 21 at Lakeshore Park.

Beth and Russell have made a long-lasting impact on the East Tennessee community through their time working together at



WBIR-TV and headlining fundraising events on behalf of the Center.

The Beth Haynes 12 Days of Christmas Online Auction, which raised more than \$100,000 in 2020, helps provide holiday gifts and experiences for child clients of the McNabb Center.

Russell has been the face of the Russell Biven Clayfest for more than 15 years. Under his leadership, the event has quadrupled in revenue, raising nearly \$100,000 at the 2021 event.



EVENING OF HOPE RETURNS TO MORRISTOWN, CELEBRATES DON & PENNEY ROGERS

The 2021 Evening of Hope dinner returned to Morristown to honor Don and Penney Rogers for their longstanding commitment to the McNabb Center and helping individuals in need in Hamblen County.

“Don and Penney embody the McNabb Center’s mission; improving the lives of the people we serve,” said Sharon Reid, McNabb Center’s senior director of Hamblen County services. “They have been long supporters of the Center and the entire Morristown community and they make a positive impact on our work.”

The event benefits the McNabb Center’s Jail to Work pre-arrest diversion programming.



RUSSELL BIVEN CLAYFEST RAISES NEARLY \$100,000

Approximately 300 individuals participated in the two-day Russell Biven Clayfest, presented by Cherokee Distributing in memory of Herb Ogle. This year’s tournament exceeded its target and raised more than \$97,000.

Russell Biven hosts the tournament to benefit mental health, substance use, social and victim services provided by the McNabb Center in East Tennessee.



The McNabb Center and Russell Biven Clayfest Committee were saddened to learn of the passing of our dear friend Mickey Burns, owner of the Chilhowee Sportsman’s Club. He will be missed.

UPCOMING FOUNDATION EVENTS

The McNabb Center is thrilled to host the 2021 Knoxville Challenger, a seven day professional tennis event, held in Knoxville, Tennessee from November 8-14, 2021 at the Goodfriend Indoor Tennis Center. The Challenger series is part of the USTA Pro Circuit series, which is designed to provide opportunities to aspiring young international professional tennis players to advance to top levels of the game.

For more information, please visit knoxchallenger.com.



Please join us for the inaugural Sunset Shenanigans Cosmic Drive and Putt at The Club at Gettysvue on October 18, 2021 to support programs and services that serve thousands of children, adults and families in our community. Sunset Shenanigans cosmic drive & putt challenge is a one-of-a-kind event in East Tennessee benefiting the McNabb Center.

For more information, please visit mcnabbfoundation.org/sunset.



Helen Ross McNabb FOUNDATION

Through the Helen Ross McNabb Foundation's giving options, you have the opportunity to leave a legacy starting today. There are many ways you can create a brighter future for children, adults and families in East Tennessee by remembering the McNabb Center in your financial planning or giving through special events, programs and campaigns. For more information, please call the Foundation at (865) 541-6684.

Gifts from April 1, 2021 - June 30, 2021

BETH HAYNES 12 DAYS OF CHRISTMAS ONLINE AUCTION

Blaze Pizza
CrossFit Bearden
Duck Donuts
Rainwater Farm
David N. and Gail Wedekind
Wonderworks

BIG BBQ BASH

Sharon and Wayne Anglim
Art Swann Campaign Committee
Bald Hawg BBQ
Barger - Q
Mark and Lori Barrett
BeBe Salon
Thomas and Susan Bihl
Joy Bishop
Mary and Roderick Blevins
Blevins Paint Center, Inc.
Jason and Jodi Boggess
David and Teri Brahams
Brothers of Ohio BBQ
Michael and Pamela Brown

Lawrence and Elizabeth Brown
Bullheaded BBQ
Burkhalter & Burkhalter Operating Trust Account
C&C Beef
C2RL, INC
Bryan and Linda Carraway
Cate-Russell Insurance Inc
Thomas and Penny Cauthen
Central Construction Co LLC
Cherokee Millwright, Inc.
D. and Mary Cockrill
Susan and Bucky Colclough
Committee to Elect Bob Ramsey
Consolidated Nuclear Security
Cor-Tenn Company
William and Maria Coulter
Deborah Covington
Cathy Crawford
Dianne and George Cserbak
Jerry and Janis Cunningham
Kirk and Tamara Cunningham
Denso Manufacturing
Jerry A. Drain
David and Charlene Dubs

William Edwards
Carolyn H. Forster
David and Myra Hair
Hard Knox Pizzeria
Douglas and Virginia Hardwick
Sonnle and Chris Burgin
Clifford and Sharon Heide
Janet and Don Henley
James and Teresa Horn
Rick Hudolin
ICC International
Paul Keltner
Kenny Pipe and Supply
Derrick Kimball
Lamon & McDaniel Builders, Inc.
Robert and Denia Lash Jr.
Last Days of Autumn Brewing
Fran and Chris Leonard
Wendell Liemohn
Mike and Lynn Lindeman
Massey Electric Company
Meat Rushmore BBQ
Merchant & Gould
Jerome and Debbie Moon

Eleanor Morrow
Dwain and Loretta Pesterfield
Kim Pouncey
Q-Mad
Tracy Queen
Razberries
Jonathan and Heather Reed
Michael and Kathleen Reiss
Julie and John Rochelle
Eric Schrock
Leslie and Tommie Self
Brenda Sellers
James and Laura Shamiyeh
Shiggin Aint Easy
Johnathan and Amanda Sitzlar
Otto and Kim Slater
Smokin' Sweetmeats
John and Delores Sorey
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Scott and Cynthia Spittler
State Farm
Stewbabys BBQ
The Pit Crew GA. LLC
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Tom Hatcher Charity
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Brian and Lisa Tuggle
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Carl and Gail Van Hoozier
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Watson Family Dentistry
West Chevrolet
Stacy Whitt

BOB KESLING AND BERT BERTELKAMP GOLF TOURNAMENT

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Henry F. and Sandy Bertelkamp, Jr.
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Creative Structures, Inc.
First Trust
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Genoa Healthcare LLC
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Hiller Plumbing, Heating & Cooling Company, Inc.
Hodges & Pratt Company, PC
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Martin & Company
Mountain Commerce Bank
North Knoxville Business Professional Association
Pinnacle Bank
Pugh CPAs
PYA, P.C.
Grant Rosenberg
RTC General Contractors

Rusty Wallace Kia
Alex Smith
Mitch and Debby Steenrod
Stowers Machinery Foundation
The Cherokee Group
David N. and Gail Wedekind
Blaine Wedekind

CENTERPOINTE REFRESH AND EXPANSION

Erin Borum
Elizabeth Campbell
Ted Flickinger and Julie Howard
Lantry Family Foundation

CHILDREN AND YOUTH SERVICES

Maple Street Biscuit Company

DOMESTIC VIOLENCE SHELTER/SEXUAL ASSAULT CENTER OF EAST TENNESSEE CAMPAIGN FUND

Girl Scout Troop 20496
Ted Flickinger and Julie Howard
Eleanor Kassem
Knox County Community Development
Ossoli Group
Richardson V. and Marilyn Turner
Vincent T. and Sheila Keller

EAST TN PRESCRIBER SUPPORT

Home Federal Bank

ESSARY DRIVE RESIDENTIAL

Haslam 3 Foundation

GENERAL SUPPORT

AmazonSmile Foundation
Victoria Anderson
Charities Aid Foundation of America
Christian Community Foundation of Memphis and the Mid-South
Farragut Presbyterian Church
Frontstream
J. Parks and Ann Hitch, Jr.
Melanie Laverdiere
Sue Murrian
Network for Good
Pop's Original Donuts
Provision Bridge
Rebecca Sheidler
Bradford Simmons
The Blackbaud Giving Fund
James D. and Linda Yates

GREAT STARTS

St. Elizabeth's Episcopal Church

JAIL TO WORK/ HAMBLEN COUNTY RECOVERY HOUSING

First Horizon Foundation
Blain and Lindy Potter

KNOXVILLE CHALLENGER TENNIS TOURNAMENT

Anurag Agarwal
Sam Beall II
Gary W. and Julia Bentley
Andrea Brewer
Adam and Jenny Brock
Elizabeth Campbell
Patrick and Cindy Carroll
Clayton Family Foundation
Michael W. and Rebecca L. Colvin
Egerton, McAfee, Armstead & Davis, PC
Travis Ferguson
Ted Flickinger and Julie Howard
George W. Reagan Co, Inc.
Alfi Guindi
Taylor and Julia Hamilton
Ray and Lucy Hand
Robert and Antonieta Haralson
Jimmy and Debbie Jones
Eleanor Kassem
Stephen and Nancy Land
Mark Love
Martin Family Foundation
Cheryl S. Massingale
National Auto Parts, Inc.
Oberman & Rice Trial Attorneys
Debbie Oxendine
Patriot Investment Management
Pinnacle Bank
Albert and Jennie Ritchie
Charles Skalet
Smoky Mountain Hearing Specialists
Tennessee School of Beauty
The Wonderful Company Foundation Inc.
William K. and Susan West III
Mr. Stuart R. Worden
Eric and Elaine Zeanah

MILITARY SERVICES

Thompson Charitable Foundation

RUSSELL BIVEN CLAYFEST TOURNAMENT

Axis Fabrication & Machine Co
Gary W. and Julia Bentley
BESCO
Blue Water Industries
Centriworks
Charles Blalock & Sons, Inc.
Claiborne Hauling Contractors
Creative Structures, Inc.
Duo-Fast of Knoxville, Inc.
East Tennessee Foundation Sampson Enterprises Inc. Fund
Faulkner Properties
Ferguson Enterprises, Inc.
First Southern Mortgage
Hickory Hardscapes
John Bouchard & Sons
Jones Bros. Contractors, LLC
Joseph Construction Company
Kitchen Sales, Inc.
Knoxville Leaf & Lawn, LLC

Lawn Butler
Massey Electric Company
Murphy Mechanical Contractors
Beverly Ogle
Power Equipment Company
Quality Machine and Welding Co., Inc.
DeWayne and Angela Raines
Ram Tool
Rogers Group
Stephen P. and Kim Rosen
Adir and Katheryn Sayani
ShoffnerKalthoff MES
SMC Commercial LLC
Dan Standish
Stowers Machinery Foundation
Texas Avenue Properties
Tindell's Builders Supply, Inc.
Vulcan Materials Company
Window Covering Products LLC

SCENIC CITY SPORTING CLAYS TOURNAMENT

Adman Electric Inc.
Todd Boren
CBL & Associates Management, Inc.
Chattanooga Allergy Clinic
HR Davis
Environmental and Hygiene Safety, INC
Todd Hitch
Jim Jordan Instruction & Training
Jason Lay
Pat Lewis
Joe Lodato and Gayle Lodato
Randy and Diane Miller
Jessica Miloslavich
PYA, P.C.
Southern Wire Enterprises
SquareOne Holding Company, LLC
Toyota of Cleveland
Vulcan Materials Company
Warren & Griffin, P.C.

SEXUAL ASSAULT CENTER OF EAST TENNESSEE

Frontstream
Student Athlete Advisory Committee
University of Tennessee Title IX Office

SPIRIT AWARD DINNER

Brandon Bruce
Jimmy and Debbie Jones

SUNSET SHENANIGANS COSMIC DRIVE AND PUTT

Cumberland Wealth Management
RCM Properties

THERAPEUTIC PRESCHOOL

Akima Club
Bob and Molly Joy
Vincent T. and Sheila Keller
Mark and Joanie Scheuer

THERAPEUTIC PRESCHOOL CAMPAIGN

- CHATTANOOGA

Rebecca Ashford
Mona Blanton-Kitts
Chambliss, Bahner & Stophel, P.C.
Scott and Margaret Ferguson
Amanda Hershberger
Martin Family Foundation
Regions Bank
Ross and Hillary Schram
The Generosity Trust

THOMAS F. LANTRY FUND

Lantry Family Foundation

YOUTH EMERGENCY SHELTER

Mt. Olive Baptist Church

HONORING OTHERS

Steven and Ellen Adams
In memory of Noah Horton

Teresa Biggs
In memory of Noah Horton

Robert and Deborah Howard
In memory of Noah Horton

Allison Karandikar
In memory of Noah Horton

Clementina Santi Flaherty Fund
in honor of Tony B.

Steven Adair
In memory of Noah Horton

Matthew Baker
In memory of Adam Jennings Brock

Henry F. and Sandy Bertelkamp, Jr.
In memory of Pat Morton

William S. and Marian Broome, Jr.
In memory of Pat Morton

Kenneth T. and Jane Creed
In memory of Jim Peck

Kenneth T. and Jane Creed
In Honor of Susan Conway

Kenneth T. and Jane Creed
in memory of Whitney Dunford

Frantz, McConnell and Seymour, LLP
In memory of Dorothy Cain Hunter

Mrs. Anne Maynard
In memory of Pat Morton

Judy Morton
In memory of Pat Morton

Patriot Investment Management
In honor of Alex Beale

Rebecca Pickens
In memory of Pat Morton

George L. and Gail Sterchi
In memory of Dorothy Cain Hunter

Betty S. Sterchi
In memory of Pat Morton

Leslie Testerman
In memory of Pat Morton

James M. Thompson
In memory of Bob Kassem

Elizabeth Wall
In memory of Pat Morton

Linda Willis
In memory of Bob Kassem

Robert E. Withers
In memory of Bob Kassem

Consolidated Nuclear Security
In memory of Bradley Roquemore

George and Cheryl Kershaw
In memory of Senior Airman Brandon Hall

Beth. and Thomas Farrow
In memory of Ray Morrison

Debra Edelman
In memory of Deborah Kirby

Louise Walker
In memory of Bob Kassem

University of Tennessee - Interfraternity Council
In honor of Beta Theta Pi Fraternity

University of Tennessee - Interfraternity Council
In honor of Phi Gamma Delta Fraternity





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FOR MORE THAN 20 YEARS, THE CENTER HAS PROVIDED HOLIDAY GIFTS FOR CHILDREN UP TO 18 YEARS OF AGE THROUGH THE DEAR SANTA PROGRAM. CHILDREN IN NEED SERVED BY THE CENTER AND THEIR SIBLINGS RECEIVE DONATED GIFTS.

LAST YEAR, THE CENTER PROVIDED GIFTS TO MORE THAN 2,300 EAST TENNESSEE CHILDREN AND FAMILIES IN NEED. THIS WAS MADE POSSIBLE BY INDIVIDUALS AND ORGANIZATIONS IN THE COMMUNITY WHO PARTICIPATE AS A SPONSOR IN THE DEAR SANTA PROGRAM.

FOR MORE INFORMATION OR TO SPONSOR A WISH LIST, PLEASE VISIT MCNABBFOUNDATION.ORG/DEARSANTA

