

WELL MIND, WELL BEING

# NEWSLETTER SPRING/SUMMER 2021

# MCNABB CENTER AWARDED GRANT TO HELP FAMILIES IN CHATTANOOGA

he McNabb Center is proud to announce that it was recently awarded \$414,000 to provide homeless outreach services to individuals in the Greater Chattanooga area. The funding comes from the Tennessee Housing Development Agency in collaboration with the Chattanooga Regional Homeless Coalition through an Emergency Solutions Grant.

This funding allows the McNabb Center to offer homeless outreach services for two years in Hamilton, Bradley, McMinn and Meigs Counties.

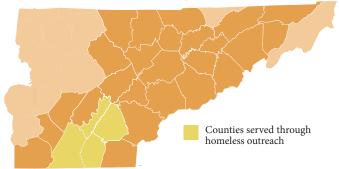
6 It is essential to provide outreach and services to individuals living in homelessness," said Gayle Lodato, McNabb Center's senior director of Greater Chattanooga Area services.
"By providing compassionate care, we can bring a positive impact to those with the most need in our community."

The McNabb Center has a five-person team, including three case managers, a registered nurse and a master's level team leader conducting homeless outreach and providing rapid re-housing and homeless prevention services.

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Chattanooga and surrounding areas have reported a major spike in the homeless population following the COVID-19 pandemic. The homeless population within the city limits has quadrupled over the last year from around 320 to 1200 people.

The goal of the McNabb Center's homeless outreach services is to provide individuals with essential services through street outreach and extended case management services.







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## WELCOME 2021-2022 BOARD MEMBERS



## Newly appointed board members include:

Mr. Mickey Wade Mrs. Traci Topham Mrs. Cheryl Rice

#### 2021-2022 elected officers:

Mr. Wade Davies, Chair Mr. George kershaw, Chair-Elect

Dr. Amy Cathey, Past Chair

Mrs. Rebecca Ashford, Secretary

Mrs. Andrea White, Treasurer



## Newly appointed board members include:

Mrs. Anne Lantry

Mr. Mike Fishman

Mr. Davis Overton

Mrs. Claire Speight

Mr. Chris Devaney

#### 2021-2022 elected officers:

Mrs. Ashley White, Chair

Mr. David Ownby, Chair-Elect

Mr. Ford Little, Treasurer

Mrs. Lucy Hand, Secretary

Mr. David Wedekind, Immediate Past Chair

## 2021-2022 CENTER BOARD OF DIRECTORS

Mr. Whit Addicks

Dr. Rebecca Ashford\*, Secretary

Ms. Heidi Barcus

Ms. Eden McNabb Bishop

Mrs. Jenny Brock

Dr. Amy Cathey, Past Chair

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Mr. Dale Keasling

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Mr. Mitch Steenrod

Mrs. Traci Topham

Mr. Carl Van Hoozier

Mr. Mickey Wade

Ms. Andrea White, Treasurer

## 2021-2022 FOUNDATION BOARD OF DIRECTORS

Mrs. Lisa Blakley

Mrs. Linda Gay Blanc

Mrs. Leslie Blanton

Mrs. Lindsey Boyd

Mr. Jason Bohne

Mr. Chris Castleberry

Mrs. Susan Conway

Mr. Joe Costner

Mr. Wade Davies, Ex-Officio

Mr. Chris Devaney

Mr. Wade Ewers

Mr. Mike Fishman

Mr. Ted Flickinger

Mr. Pete Frederick\*

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Mrs. Debbie Jones

Mrs. Anne Lantry

Mr. Jason Lay, Ex-Officio

Mr. Ford Little, Treasurer

Mr. John Luttrell

Mr. Richard Maples

Mr. Randy Overbey

Mr. Davis Overton

Mr. David Ownby, Chair-Elect

Mrs. Sylvia Peters

Mrs. Lisa Rottmann

Mr. Ross Schram\*

Mrs. Claire Speight

Col. Joe Sutter

Mr. Jerry Vagnier, Ex-Officio

Mr. David Wedekind, Immediate Past Chair

Mrs. Ashley White, Chair

# MCNABB CENTER PROMOTES NEW PRESIDENT AND VICE PRESIDENT

ona Blanton-Kitts, the McNabb Center's most senior clinical vice president, has been promoted to president. As the Center's president, Mona will be responsible for all clinical services and supporting administrative operations.

Mona recently celebrated 35 years with the Center. During the course of Mona's career with the McNabb Center, she has overseen an expansive array of services and clinics across 29 East Tennessee counties. Her entrepreneurial approach has been a catalyst for much of the Center's growth.





he McNabb Center is pleased to announce the promotion of Mary Katsikas to regional clinical vice president. As regional clinical vice president, Mary will oversee nearly half of the Center's clinical services, including the children and youth continuum in Knox County, cooccurring family treatment services and all services in Blount, Cocke, Hamblen and Sevier counties.

Mary has been with the McNabb Center for 20 years and, in that time, has created, developed and implemented new programming through new funding avenues. In addition, she has overseen the expansion of programming dedicated to families, children and young adults.

# LIGHTHOUSE MEMBERS BUILD LITTLE FREE LIBRARY

embers from The Lighthouse, the McNabb Center's peer support program, built a Little Free Library for the Watkins Street Park. The Lighthouse provides opportunities for adults with a mental illness to develop social skills in a community setting.

The community came together to "Stock the Library." Dozens of books were donated and the Little Free Library will continue to provide books to those in need within the community.



## SCENIC CITY SPORTING CLAYS RECAP



he Scenic City Sporting Clays tournament returned this year to support the McNabb Center in providing services to the Greater Chattanooga Area! The tournament was held on Friday, April 16, 2021, at Benton Sporting Clays, 5244 Upper River Road NE in Charleston, Tennessee.

Thank you to the sponsors, teams and volunteers that made the event a success. Their support serves thousands of children, adults and families in the Greater Chattanooga Area.



Through the Helen Ross McNabb Foundation's giving options, you have the opportunity to leave a legacy starting today. There are many ways you can create a brighter future for children, adults and families in East Tennessee by remembering the McNabb Center in your financial planning or giving through special events, programs and campaigns. For more information, please call the Foundation at (865) 541-6684.

## Gifts from July 1, 2020 - June 30, 2021

## HAMILTON COUNTY GENERAL FUND

Community Foundation of Greater Chattanooga

### SCENIC CITY SPORTING CLAYS TOURNAMENT

Adman Electric Inc.

Todd Boren

CBL & Associates Management, Inc.

Chattanooga Allergy Clinic

HR Davis

Electric Power Board of Chattanooga

Environmental and Hygiene Safety, INC

Pete Frederick

Harrison Construction Co.

Todd Hitch

Jim Jordan Instruction & Training

Jason Lay

Pat Lewis

Gayle Lodato and Joe Lodato

MBI Companies Inc.

McGriff Insurance Services

Randy and Diane Miller

Jessica Miloslavic

PYA, P.C.

Southern Wire Enterprises

SquareOne Holding Company, LLC

Toyota of Cleveland

Vulcan Materials Company

Warren & Griffin, P.C.

warren & Grinn, P.C.

Women's Oncology Warriors

#### THERAPEUTIC PRESCHOOL CAMPAIGN

Sukonya Adams

Rebecca Ashford

Mona Blanton-Kitts

Chambliss, Bahner & Stophel, P.C.

Jean Cockrell

Community Foundation of Greater Chattanooga

Stefanie and Francis Crowe

Scott and Margaret Ferguson

**Brad Franks** 

Pete Frederick

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Keith and Julia Sanford

Schillhahn-Huskey Foundation

Ross and Hillary Schram

David and Rebecca Sims

David and Rebecca Sin

Cynthia Stone

The Generosity Trust

Amanda and Kyle Therriault

Vulcan Materials Company

Brenda L. Walden

Heather Wooten

#### HONORING OTHERS

Greg Goswitz

In memory of Jill Sparks



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# CHILDREN'S WISH LIST SPONSORS NEEDED

FOR MORE THAN 20 YEARS, THE CENTER HAS PROVIDED HOLIDAY GIFTS FOR CHILDREN UP TO 18 YEARS OF AGE THROUGH THE DEAR SANTA PROGRAM. CHILDREN IN NEED SERVED BY THE CENTER AND THEIR SIBLINGS RECEIVE DONATED GIFTS.



LAST YEAR, THE CENTER PROVIDED GIFTS TO MORE THAN 2,300 EAST

TENNESSEE CHILDREN AND FAMILIES IN NEED. THIS WAS MADE POSSIBLE BY INDIVIDUALS AND ORGANIZATIONS IN THE COMMUNITY WHO PARTICIPATE AS A SPONSOR IN THE DEAR SANTA PROGRAM.

FOR MORE INFORMATION OR TO SPONSOR A WISH LIST, PLEASE VISIT MCNABBFOUNDATION.ORG/DEARSANTA