

# NEWSLETTER WINTER 2021/2022

# MCNABB CENTER AWARDED CHILDREN'S CSU GRANT, EXPANDS CHILD CRISIS CONTINUUM

he McNabb Center will be working with East Tennessee Children's Hospital to develop a children's crisis stabilization unit (CSU) at Children's Hospital. The program, which is the first of its kind in Tennessee, is funded by a \$5 million Substance Abuse and Mental Health Services Agency (SAMHSA) grant to create a crisis continuum of care for children.

This CSU will help strengthen families who are dealing with a crisis situation and provide the best opportunity to keep those families together," said Jerry Vagnier, McNabb Center CEO. "Helping our region's children address acute mental health challenges, and providing them with extended care following their moment of crisis, will give families the support they need as they navigate these challenges."

CHILD CRISIS continued on page 4

# KNOXVILLE LEADERS, GOV. LEE MEET, DISCUSS PSYCHIATRIC URGENT CARE



Jerry Vagnier, McNabb Center CEO; Mike Belbeck, executive vice president of operations for Covenant Hospital; Tony Benton, CEO Tennova Healthcare; Knoxville Mayor Indya Kincannon; Governor Bill Lee; Knox County Mayor Glenn Jacobs; TDMHSAS Commissioner Marie Williams; David Hall, executive vice president of UTMC; and Deputy Director of TennCare Stephen Smith.

n Nov. 1, 2021 Jerry Vagnier, McNabb Center CEO, and a team of Knoxville leaders met with Governor Bill Lee, Commissioner Marie Williams, TDMHSAS and Deputy Director Stephen Smith, TennCare to make the case for a new Urgent Psychiatric Facility in Knoxville. This regional facility would provide an alternative to the general medical hospital emergency room for adults in psychiatric crisis.

The city and county mayors articulated the need that exists in our community and the stress the current system has on our hospitals. The hospitals amplified the message with data from their experience. Our community partners described an innovative pilot program that would improve access to psychiatric care

WELL MIND, WELL BEING.

and initiate treatment immediately. This unique setting would provide for a physical examination and medical clearance prior to the patient seeing a behavioral health specialist. Being able to triage, assess, treat, refer and coordinate aftercare would be critical components of this pilot project. This pilot is modeled after psychiatric emergency departments in other parts of our country.

The request is to partner with the state for 50 percent capital investment in a facility and ongoing operational support to demonstrate the program's effectiveness. The goal is to reduce the incidence of adults seeking psychiatric help at area emergency departments as well as provide

alternatives to psychiatric hospitalization. There is good clinical reason to believe this service would help stabilize adults in crisis and get them to the level of care they need timely.

### INSIDE

**AWARDS & RECOGNITIONS** 

HAMBLEN COUNTY CSU

FOUNDATION EVENTS

# MCNABB STAFF, PROGRAMS HONORED AT TAMHO AWARDS



Image courtesy of Tony Young with Tony Young Photography.

he McNabb Center was proud to accept several awards at the Tennessee Association of Mental Health Organizations (TAMHO) annual conference in December.

Candace Allen, senior director of adult intensive mental health services, was honored with the Distinguished Service Award, which recognizes an individual for their extraordinary and long-standing dedication and service. Candace has spent more than 40 extraordinary years changing the face of behavioral health care and serving the community.

Under her leadership, the McNabb Center expanded its school-based services, implemented the area's first and only Program for Assertive Community Treatment and created the Crisis Stabilization Unit. Candace has been instrumental in bringing Crisis Intervention Team (CIT) training to local law enforcement and ensuring the development of the Behavioral Health Urgent Care Center.

The McNabb Center is fortunate to benefit from Candace's knowledge and compassion.



The McNabb Center was also recognized with TAMHO's Outreach and Engagement Award for the suite of services the Center provides through partnerships with the University of Tennessee Medical Center (UTMC) and East Tennessee Children's Hospital.

In order to fill gaps in mental health care and substance use treatment, the McNabb Center develops community partnerships that benefit the people served. The Center established an Embedded Psychiatry program in 2019, which provides a McNabb Center psychiatrist directly in the UTMC and Children's Hospital emergency rooms to assist with evaluations and consultations to help ensure patients receive access to treatment resources.

The Center's Hope United program at UTMC connects individuals struggling with substance use disorders with community recovery resources. The McNabb Center's Sexual Assault Center of East Tennessee has long-partnered with UTMC to provide forensic nursing to sexual assault crime victims.

Finally, the McNabb Center has become the hospital's preferred provider for behavioral health concerns. The vulnerable populations served through these programs have continued to receive care even in the midst of an enormous public health crisis.

Jerry Vagnier, CEO, and Paula Hudson, senior director of corporate compliance, were honored with President's Awards for their service to the TAMHO organization.

Candace Allen, senior director of adult intensive mental health services, receives TAMHO's Distinguished Services Award. Image courtesy of Tony Young with Tony Young Photography.

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# MCNABB CENTER OPENS NEW CRISIS STABILIZATION UNIT IN HAMBLEN COUNTY



Jefferson County Mayor Mark Potts; Claiborne County Mayor Joe Brooks; Sharon Reid, McNabb Center senior director of Hamblen County services; Mona Blanton-Kitts, McNabb Center president; TDMHSAS Commissioner Marie Williams; Hamblen County Mayor Bill Brittain; Representative Rick Eldridge; Stephanie Carter, McNabb Center vice president of operations; and Jerry Vagnier, McNabb Center CEO

he McNabb Center celebrated the ribbon cutting of its new Crisis Stabilization Unit (CSU) in Hamblen County. The 15-bed unit will offer care 24 hours a day, seven days a week for those who are 18 or older and facing a behavioral health crisis.

The goal of this unit is to divert people, when appropriate, from psychiatric hospitalization," said Sharon Reid, McNabb Center's senior director of Hamblen County services. "We believe individuals are best served within their natural support system in their own communities, and the CSU supports this philosophy."

The CSU serves the Tennessee Department of Mental Health & Substance Abuse Services (TDMHSAS) Regions 1 and 2, which include Anderson, Campbell, Claiborne, Cocke, Grainger, Hamblen, Hancock, Hawkins, Jefferson and Union counties.

TDMHSAS Commissioner Marie Williams attended the ribbon cutting and spoke about the importance of having this service in the Lakeway Area.

This project is funded through the Tennessee Department of Mental Health & Substance Abuse Services (TDMHSAS).



# MOBILE CLINIC RECOGNIZED BY RURAL HEALTH ASSOCIATION OF TENNESSEE

cNabb Center's Mobile Health Clinic, which serves Cocke, Hancock, Grainger, Claiborne and Jefferson counties was recognized with the Exemplary Project award at the Rural Health Association of Tennessee's annual conference. The award honors an organization or group that has successfully developed a unique program or project that advances rural health. The Mobile Health Clinic, which is part of Project Rural Recovery and funded by the Tennessee Department of Mental Health and Substance Abuse Services, screens for mental health, substance use and chronic health conditions and provides mental health and substance use treatment.



Shellie Hall, senior director of Sevier, Blount and Cocke counties, and Kate Orem, Cocke County services coordinator, attended the conference and accepted the award on behalf of the McNabb Center. Buffalo Valley, which operates a Project Rural Recovery clinic in middle Tennessee, received the award as well.

# RACHEL LOVEDAY RECEIVES TWO AWARDS AT CPRS ANNUAL CONFERENCE



Rachel Loveday, Hope United team leader, presents about the importance of peers in the behavioral health field at the Tennessee Association of Mental Health Organizations' conference.

achel Loveday, Hope United team leader, received two awards at the 2021 Certified Peer Recovery Specialist Conference. She was recognized with the Patsy Cronk Mentor of the Year Award, which is presented to the CPRS who demonstrates exceptional role modeling and mentoring to other peer specialists. In addition, Rachel received the Advocate of Peer Recovery Service — Individual award for her work advocating for peer recovery services to empower those living in Tennessee with a mental health and/or substance use disorder.

Rachel oversees the McNabb Center's Hope United program, which connects individuals struggling with substance use disorder with recovery resources. The program is funded by the United Health Foundation and engages individuals who enter the University of Tennessee Medical Center due to overdose.

### CHILD CRISIS, CONT'D FROM 1

Children who enter the CSU will receive behavioral health treatment including therapy, medication and other services to help them work through their crisis. Clinicians will determine how long a child can stay in the CSU based upon their needs.

**6** € Our vision is to lead the way to healthy children, which must include leading the way to improved mental and behavioral health care and access," said Matt Schaefer, Children's Hospital president and CEO. "Unfortunately, visits to our Emergency Department for depression, anxiety and suicidal ideation have escalated to alarming proportions, with behavioral health visits growing by more than 60% since 2020 to more than 1,500 annual visits."

The goal of the CSU is to provide a safe place to address the needs of children facing a mental health crisis while diverting the child from psychiatric hospitalization. Families will be able to access CSU services through the emergency department or through a Mobile Crisis Unit.

Gour motto for our statewide network of crisis services is 'right measurement, right place, right time.' Having this developmentally appropriate alternative to inpatient hospitalization for children and youth combined with the lifechanging interventions offered by the amazing staff of the McNabb Center will have a positive impact for generations to come," said Commissioner Marie Williams, LCSW, of the Tennessee Department of Mental Health & Substance Abuse Services.

Once the child is stabilized, they can receive intensive community-based treatment through the McNabb Center. The CSU is one piece of a comprehensive continuum of care to address the

increasing mental health crisis in children and teens in East Tennessee.

In addition to the SAMHSA grant, the McNabb Center was awarded a Community Mental Health Services Block Grant to address a gap in children's crisis services in the Knoxville area.





The Center established a Family Walk-In Center that helps children experiencing a mental health crisis receive intensive services within the community, while avoiding hospitalization.

The Family Walk-In Center will identify children in need through the Mobile Crisis Unit, referrals from area hospitals and other community agencies and organizations. In addition, families can self-refer to this program.

The Family Walk-In Center is open seven days a week from 8 a.m. - 8 p.m. and is located at 5645 Merchants Center Blvd. in Knoxville.

Together, the CSU and Family Walk-In Center expand the McNabb Center's full continuum of children and youth services. The CSU is expected to open in early 2022.

# GAME, SET, MATCH: KNOXVILLE CHALLENGER SERVES AN ACE FOR THE MCNABB CENTER

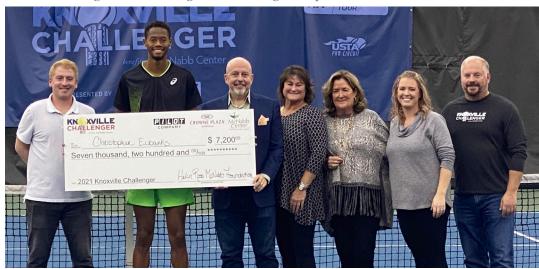
he 2021 Knoxville Challenger was a smashing success, raising more than \$211,000 to support McNabb Center services. Christopher Eubanks (USA), came out on top, beating Daniel Altmaier (GER).

The 2021 Knoxville Challenger saw a record number of attendees over the week, with nearly 5,000 people visiting the Goodfriend Indoor Tennis Center to watch the matches.

Presented by Pilot Company and Crowne Plaza Knoxville, the Knoxville Challenger is the largest professional men's tennis tournament in our region. The Challenger series is designed to provide



opportunities to aspiring, young professional tennis players to advance to the top levels of the game. Players include pros beginning their careers, pros trying to improve their ATP rankings and top-ranked collegiate players.





# 12 DAYS OF CHRISTMAS AUCTION RAISES \$109,000 TO SUPPORT DEAR SANTA

he Beth Haynes 12 Days of Christmas Auction, presented by The Boyd Foundation and The Home Depot, raised \$109,000 to support families in need during the holiday season! More than 1,000 bidders participated and more than 400 items were up for grabs, ranging from vacation packages to an entire patio set.

Bidders experienced the joy of giving while purchasing unique gifts, and sponsors and donors from local and national businesses



made the charitable countdown to Christmas possible. The funds raised by the auction support the McNabb Center's Dear Santa program, and help more than 2,300 children and families with needs during the holiday season and throughout the year.



Because of the Beth Haynes 12 Days of Christmas Auction, the McNabb Center can host "Elf Shopping" where employees and volunteers shop for Christmas gifts for nearly 250 children served by the Center.

# DEAR SANTA PROVIDES HOLIDAY JOY TO MORE THAN 2,300 MCNABB CENTER CLIENTS

hanks to our generous community partners, more than 2,300 children and families in need were supported through the McNabb Center's Dear Santa program in 2021!

Sponsors purchased gifts from the wish lists for more than 900 children across East Tennessee. For the first time, the program expanded to operate out of the McNabb Center's Hamilton County office in addition to Knoxville. Because of partnerships with organizations, businesses and individuals in the Greater Chattanooga Area, nearly 150 children were served by local Chattanooga sponsors.

At the annual Elf Shopping event, funded by the Beth Haynes 12 Days of Christmas Auction, staff and volunteers shopped at Target at Turkey Creek for more than 250 additional wish lists.

Many individuals and organizations also donated new toys for children who did not receive a wish list. The Dear Santa toy drive served more than 400 children this year. Several programs held holiday parties and activities for clients who would not otherwise have the opportunity or means to celebrate. The holidays can be a difficult time for many, and the Dear Santa program helps make them a little brighter for those in need. Thank you to all of our



sponsors and donors for providing holiday joy to our clients!



# SUNSET SHENANIGANS A GLOWING SUCCESS!

he inaugural Sunset Shenanigans Cosmic Drive and Putt was a glowing success!
An exciting addition to the Helen Ross
McNabb Foundation's event portfolio, Sunset
Shenanigans raised \$50,000 to support programs and services that serve thousands of children, adults and families in East Tennessee.

Teams of four participated in a cosmic target golf challenge and a cosmic putting contest at The Club at Gettysvue. Players had an entirely new golf experience, playing once the sun went down on a glow-in-the-dark driving range.









Through the Helen Ross McNabb Foundation's giving options, you have the opportunity to leave a legacy starting today. There are many ways you can create a brighter future for children, adults and families in East Tennessee by remembering the McNabb Center in your financial planning or giving through special events, programs and campaigns. For more information, please call the Foundation at (865) 541-6684.

#### Gifts from July 1, 2021 - December 31, 2021

#### ADULT OUTPATIENT MENTAL HEALTH PROGRAM

EWI Knoxville

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#### **BETH HAYNES 12 DAYS OF CHRISTMAS AUCTION**

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Dominion Development Group, LLC

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Pugh CPAs

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Sherri P. Lee Robert E. Withers

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Andy Hampson

Merle D. and Nancy Wolfe

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Theresa Botts

City-Wide Service Club Susan C. Conway Joseph H. and Ann Huie Dale and Barbara Keasling George and Cheryl Kershaw Jack E. and Margaret Singleton Mitch and Debby Steenrod Joe and Geri Sutter

Thompson Charitable Foundation United Community Bank David and Gail Wedekind David and Ann Wilson

#### NEW HOPE RECOVERY CENTER

Bethel Baptist Church

#### PACT PROGRAM

**Burlington Coat Factory** 

#### **RUSSELL BIVEN CLAYFEST**

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Beltline

Gary W. and Julia Bentley Beverage Control, Inc.

Blevins Group, Realty Executives

Blount Partnership Larry and Mitzi Bodie

Breazeale Clinic for Plastic Surgery

David and Sarah Brewer **Broadway Carpets** 

Centene Management Company LLC

Chilhowee Sportsman's Club

**CNT Logistics** 

Creative Structures, Inc. Crestview Dental Care PC

Crockett Creek Dead End BBQ Draft Agency Ben Goodson

Gunny's Firearms and Indoor Range

H.T. Hackney Co. Andy Hampson Ronnie Henry Home Federal Bank

Kramer Rayson LLP Lawler-Wood, LLC

James F. and Malinda Little

Bick Marshall

Melon Properties LLC Benjamin Mullins Patricia Nash Designs

Patterson Bros Pilot Corporation Proffitt & Goodson, Inc.

Radio Systems Corporation- Petsafe

Rogers Group

Shafer Insurance Agency, Inc.

Dan Standish

Storage Solutions, Inc. Tailwater Properties, LLC TEG Enterprises, Inc. The Club at Gettysvue The Home Depot #728

The Lewis Group Architects, Inc., P.C.

Tom Brunton Masonry, Inc. Trust Company of Tennessee Visions Private Investigations Vulcan Materials Company Windy Hill Farm

Woolf McClane Bright Allen & Carpenter PLLC

#### **SCHOOL-BASED SERVICES**

East Tennessee Foundation

#### SEVIER COUNTY CAPITAL CAMPAIGN

City of Gatlinburg First Horizon Foundation GS/JS Family Charitable Account

#### SEXUAL ASSAULT CENTER OF EAST TENNESSEE

Alchemy Salon Mickey and Rita Brunjes Nothing Bundt Cakes Riverside Tattoo Company

#### SPIRIT AWARD DINNER

All Occasions Party Rentals

Bacon and Co.

Steve W. and Ann H. Bailey Lindsey and Thomas Boyd Adam and Jenny Brock

Jayne Burritt

By the Tracks Catering Robert and Amy Cathey

Centriworks

Jefferson and Vicki Chapman

Cherokee Distributing Company, Inc.

Joel W. and Melinda Connell

Eagle Distributing Company, Inc. Egerton, Mcafee, Armstead & Davis, PC

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Richard and Mary Stair, Jr. W. Todd and Ashley Stamper

Stokely Company

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SYNC Communications Tennova Healthcare Trust Company of Tennessee

J. Anthony and Anna B. Williams

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Empire Distributors of Tennessee, Inc.

Hiller Plumbing, Heating & Cooling Company, Inc.

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IMS

JB&B Capital

Johnson & Galyon, Inc.

Lakewood Capital Group, LLC

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Proffitt & Goodson,Inc.

Quality Machine and Welding Co., Inc.

Reditus Laboratories, LLC Chris and Bethany Schwarz

Smartbank Dan Standish

Stowers Machinery Corporation

Joe and Geri Sutter Tool Crib, Inc.

Trinity Benefit Advisors Trust Company of Tennessee

Nord Unbehaun

White Realty and Service Corp.

Winbigler Medical Wright Contracting, Inc.

#### THERAPEUTIC PRESCHOOL CAMPAIGN

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Barbara Kivlin Robert E. Petrone, Jr. Mark and Joanie Scheuer

The Robert Emile Petrone Jr. Fund Emile and Kay Petrone

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Rebecca Ashford

Gail Carter

Community Foundation of Greater Chattanooga- McKee

Food Fund

Stefanie and Francis Crowe

First Horizon Bank Brad Franks

Pete Frederick Cynthia Stone

Unum

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Mt. Olive Baptist Church Charles and Janice Rose John Wiggins

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Sally S. Cleveland

*In memory of Tommy Benton* 

Stephen and Kathryn Hall In memory of Tommy Benton

Jim and Regina Murray In memory of Tommy Benton

James F. and Malinda Little In honor of Andy and Brenda Black

Alton E. and Lisa Blakley, Jr. In honor of Howard and Betty Blum

Welcome Wagon Social Club In honor of Dr. Richard Briggs

Christine A. Morrow

In memory of Adam Jennings Brock

Sarah Stowers

In memory of Adam Jennings Brock

Lynn Reed

In honor of Ron and Juanita Campbell

Ed and Carolyn Martin In memory of David Scott Choate

Jonathan P. and Tiffany Bryan In memory of Glenn Church

J. Robert and Margaret Page

In honor of Joe and Melinda Connell John and Susan Baker

In honor of Susan Conway

Ray and Sherry Bradley In memory of Rosemary Creech

Alton E. and Lisa Blakley, Jr. In honor of Mr. and Mrs. Budd Cullom

Margaret Avery

In memory of Byron Dickson

Joan Cathcart

In memory of Byron Dickson

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Edwin and Cathy Keelen In memory of Byron Dickson	Maura Clark In memory of Ben Goodson	Joe and Alison Haniford In memory of Ben Goodson
Gregory and Melanie Mixon In memory of Byron Dickson	John and Peggy Cowan In memory of Ben Goodson	D.J. and Patricia Harris In memory of Ben Goodson
Kevin and Meredith Patten In memory of Byron Dickson	Bennett Cox In memory of Ben Goodson	Michael C. and Caryn Hawthorne In memory of Ben Goodson
Jean Rowe and Bryan Alexander In memory of Byron Dickson	Stephen H. and Christina Cox In memory of Ben Goodson	Bruce L. and Catherine Henschen In memory of Ben Goodson
Clifford Selkinghaus In memory of Byron Dickson	Creative Structures, Inc. In memory of Ben Goodson	Mary Hook In memory of Ben Goodson
Rachel and Rick Silver In memory of Byron Dickson	Matt Cuvelier In memory of Ben Goodson	Carroll and Donna Huffine In memory of Ben Goodson
Alton E. and Lisa Blakley, Jr. In honor of Mr. and Mrs. Tom Dolinak	Nina Cuvelier In memory of Ben Goodson	Leslie A. Hull In memory of Ben Goodson
Bradley R. and Carmen Simpher In honor of Beth Farrow	John and Diana Day In memory of Ben Goodson	Phillip K. and Lisa Icuss In memory of Ben Goodson
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Homestead Inc. In memory of Lallah Gibbs	Colin Dillon In memory of Ben Goodson	Steve and Sue Kiefer In memory of Ben Goodson
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American Lawn and Landscaping In memory of Ben Goodson	Denny and Christine Dukes In memory of Ben Goodson	Robert Leonard In memory of Ben Goodson
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George R. Baddour In memory of Ben Goodson	Andrea B. and Thomas Farrow In memory of Ben Goodson	Carole Martin In memory of Ben Goodson
Barber McMurry Architects In memory of Ben Goodson	Jan Feltowicz In memory of Ben Goodson	William McNabb In memory of Ben Goodson
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Andy and Brenda Black In memory of Ben Goodson	In memory of Ben Goodson  Greg and Mary Gilbert	Samuel and Sharon Moore In memory of Ben Goodson
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	In memory of Ben Goodson	

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Frances Regen In memory of Ben Goodson	William and Sarah Willis In memory of Steve Goodson	Kathryn Sterchi In Honor of Jerry and Kathryn Sinclair
Scenic Knoxville In memory of Ben Goodson	Jill Harmon In memory of Senior Airman Brandon Ha	Greg Goswitz In memory of Jill Sparks
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Dean M. and Carolyn V. Smith In memory of Ben Goodson	Jerry and Barbara Lovins In memory of Melissa Dawn Vaughan Hil	Allison Barksdale In memory of Sarah Stowers
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James A. and Dee Haslam III In memory of Sarah Stowers	Dennis Ragsdale In memory of Sarah Stowers	Ross and Rebecca Sullivan In memory of Joseph Sullivan III
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David R. and Jeannie Henry In memory of Sarah Stowers	Carole Reeves In memory of Sarah Stowers	Edward and George Willard In honor of David Wedekind
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Richard and Ann Ince	Rogers Group	

In memory of Sarah Stowers

In memory of Sarah Stowers

Ben and Julie Schmidt

In memory of Sarah Stowers

In memory of Sarah Stowers

Barbara Johnston



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