

# NEWSLETTER

**FALL 2019** 

### CENTER CELEBRATES OPENING FOR NEW SEVIER CO. OUTPATIENT CENTER



elen Ross McNabb Center celebrated the ribbon cutting for its newest facility serving Sevier County and surrounding areas on August 21.

This new building will allow us to expand our services in the region," said Shellie Hall, senior director of Sevier County services. "We are thrilled by the community's support and look forward to using this opportunity to improve more lives."

Helen Ross McNabb Center has a long history serving individuals in Sevier County. The Center began serving children through the Smoky Mountain Children's Home in November 2006 and opened its first outpatient facility there in April 2010. Due to space limitations, the Center expanded again in 2014 and this newest facility is the result of continued growth in the region.

The new 8,000 square foot facility will allow the Center to sup-

port additional staff hired to meet the community's needs. The Sevier County Center offers outpatient mental health services for adults and children as well as intensive outpatient services.



In addition, specialty programs are offered in Sevier County, including System of Care Across Tennessee (SOCAT) and Tennessee Health Link. Recently, all three managed care organizations recognized Helen Ross McNabb Center's performance under the Tennessee Health Link Care Coordination program. Tennessee Health Link is a model for integrated care by providing coordination for TennCare members with the highest behavioral health needs.

The new facility was made possible by Helen Ross McNabb Foundation's fundraising efforts, including contributions by Pigeon Forge, City of Gatlinburg, Sevier County, the State of Tennessee and various private donors like First Horizon's President, David Miller.

First Tennessee and First Horizon have a long tradition of supporting our communities, dating back to 1864" said David Miller, president of the East Tennessee region for First Horizon Bank. "We are honored to support this incredible new Helen Ross McNabb location, bringing much-needed mental health expertise to our fellow citizens in Sevier County."

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"Improving the lives of the people we serve."



### ANDERSON COUNTY EXPANDS OUTPATIENT CENTER



ou're invited to celebrate with Helen Ross McNabb Center as we expand services and move into a new building in Oak Ridge.

This new facility allows the Center to provide additional outpatient services and will include the Center's new centralized scheduling (call center) department.

The ribbon cutting is scheduled for Monday, November 18th at 9 a.m.

Lieutenant Governor of Tennessee, Randy McNally and Mayor of Anderson County, Terry Frank will be attendance to show support for the expansion of outpatient services in Anderson County.

# You're invited: 100 ADAMS LANE, OAK RIDGE, TN 37830 November 18 at 9 a.m.

### COMMUNITY DAY





elen Ross McNabb Center and The Behavioral Health Awareness Coalition (BHAC) held their annual Community Day awareness event in Market Square in Knoxville on Friday, October 4.

Community Day, a traditional part of Mental Illness Awareness Week, aims to raise awareness, reduce stigma and provide information regarding mental health resources in our community. Attendees were able to gather information from more than 20 organizations about the services available in the Knoxville area.

Organizations ranged from behavioral health resources to insurance services to physical health booths. In addition, there were numerous activities, including food, face painting and door prizes for attendees. The Kincaid Band and WIVK 107.7 FM provided entertainment and emcee services for the event.

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### FLOWERS ON THE WATER

elen Ross McNabb Center partnered with Junior League of Knoxville for its inaugural Domestic Violence Awareness Month event.

Flowers on the Water was held Tuesday, October 8 at The Pavilion at Hunter Valley Farm. It featured a brief program where Knox County District Attorney General Charme Allen spoke as she works with domestic violence all too frequently.

**L** Decreasing the number of victims begins with events like this," said Allen. "Domestic violence is something that shouldn't happen."

Following the program, attendees

released flower petals onto the water to recognize individuals who have been impacted by domestic violence.

Organizations like YMCA, Sexual Assualt Center of Tennessee (SACET) and the Community Coalition Against Human Trafficking (CCAHT) were in attendance to provide information on local resources for individuals who are  $^{\text{Catherine Oaks}, \ \text{director}}$ experiencing or have experienced  $_{\text{Candace Allen, senior distance}}$ domestic violence.

During the event, Helen Ross Mc-Nabb Center accepted donations event to bring awareness of new full-size hygiene items; new or "like new" shoes; and new women's underwear to benefit clients served by the Center's victim services programming.

District Attorney Charm Allen spoke to the attendees of Flowers on the Water and stated that most warrants come from domestic violence cases. BOTTOM: Leann Human-Hilliard. regional vice president, of victim services and rector of adult intensive health services support Helen Ross McNabb Center's community

to domestic violence.





### NEW BOARD MEMBERS

#### HELEN ROSS MCNABB CENTER

n order to encourage and maintain credibility, the Center is governed by a 23-member volunteer Board of Directors. Board members have the responsibility to create and evaluate policy and organizational goals regarding the Center's finances and services. Board members are elected to serve a three-year term and may serve two terms consecutively.

Helen Ross McNabb Center president and CEO, Jerry Vagnier, welcomes new board members and newly elected board officers.

2019-2020 Helen Ross McNabb Center Board of Directors elected officers include:

Hon. Richard Stair, Chair

Mr. Clarance Vaughn, Secretary

Mr. Randy Miller, Treasurer

Mr. Richard Maples, Past-Chair

Newly appointed 2019-2020 Helen Ross McNabb Center board members include:

Dr. Jerry Epps

Mr. Carl Van Hoozier

#### HELEN ROSS MCNABB FOUNDATION

he Helen Ross McNabb Foundation is governed by a 29-member volunteer board. Board members are volunteers from all walks of life who give of their time and talent to direct and serve the Foundation. Members are elected and serve a three-year term and may serve two consecutive terms.

Jerry Vagnier and Houston Smelcer, vice president of development and government relations, welcome new board members and officers to the Foundation Board of Directors. 2019-2020 Helen Ross McNabb Foundation Board of Directors elected officers include:

Ms. Susan Conway, Chair

Mr. David Wedekind, Chair-Elect

Mrs. Ashley White, Secretary

Mr. David Ownby, Treasurer

Mr. Greg Gilbert, Past-Chair

Newly appointed 2019-2020 Helen Ross McNabb Foundation board members include:

Mrs. Lindsey Boyd

Ms. Debbie Jones

Mr. Ross Schram

### JOE CONNELL RECIEVES NATIONAL PHILANTHROPY AWARD



oe Connell recently recieved the National Philanthropy Award. Connell is a highly respected member of the Knoxville community who has dedicated his time, resources and talents to supporting and growing local initiatives.

Joe joined Helen Ross McNabb Center's Board of Directors in 1999 and served until 2005. He was Chairman of the Board in 2004 and rejoined the board from 2007-2014. During his tenure, Joe led the organization by serving on the finance and nominating committees. His insight and business expertise were integral during a time of immense change and growth for the Center.

Joe has led and participated in several campaigns totaling more than \$12 million raised to provide access to affordable, quality behavioral health care and support services to the individuals served by the Center. Because of Joe, and his dedication to the Center, Helen Ross McNabb Center continues to improve the lives of the people we serve.

### RUSSELL BIVEN CLAYFEST TOURNAMENT HITS TARGET



ore than 250 individuals participated in The Russell Biven Summer Clayfest Tournament August 2 and 3 at Chilhowee Sportsman's Club in Maryville. This year's tournament, presented by Cherokee Distributing Company in memory of Herb Ogle, hit it's target to raise \$60,000.

WBIR's Russell Biven hosts the tournament to benefit mental health, addiction, social and victim services provided by the Center in East Tennessee. Russell spent each day partaking in the activities with the teams.



### SAVE THE DATE

2020 Russell Biven Clayfest Tournament August 7 & 8, 2020

For more information or to register, contact Lindsay Hughes at lindsay.hughes@mcnabb.org or 865-329-9031

### FOUNDATION EVENTS

#### KNOXVILLE CHALLENGER NOVEMBER 4-10

elen Ross McNabb Center was thrilled to host the Knoxville Challenger, a seven day professional tennis event, November 4-10, 2019 at the Goodfriend Indoor Tennis Center. The Challenger series is part of the USTA Pro Circuit series, which is designed to provide opportunities to aspiring young American professional tennis players to advance to the top levels of the game.



The Knoxville Challenger has raised more than \$1,300,000 for the Center over the past 11 years. This event is also held in memory of Harry W. Stowers. His life, work, commitment, and passion for Helen Ross McNabb Center were of significant benefit to our entire community.

#### BETH HAYNES 12 DAYS OF CHRISTMAS DECEMBER 1-12

he Beth Haynes 12 Days of Christmas presented by Garza Law Firm is a fun, online auction that benefits children and families served by Helen Ross McNabb Center. Funds raised through the auction help more than 2,200 children and families with needs during the holiday season through a program called Dear Santa. The first 12 days of December, the Center will auction off more than 300 unique items and experiences.





Through the Foundation's giving options, you have the opportunity to leave a legacy starting today. There are many ways you can create a brighter future for children, adults and families in East Tennessee by remembering the Helen Ross McNabb Center in your financial planning. For more information, please call the Foundation at (865) 541-6684.

#### **ACCESS TO CARE**

Bo and Jane Shafer

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Eddie Hampton

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